

EVENT GUIDE

Dharma Games 2026

Everything you need to know for the day. Australia's first unified community sporting festival, bringing together Australians of diverse backgrounds and faiths.

WHEN

Sunday 6 September 2026

TIME

9:00 AM – 7:00 PM

WHERE

Sydney Academy of Sport, Narrabeen

ENTRY

Free for all spectators

Team registrations are now closed — all team spots have been filled. Everyone is welcome to come along as a spectator. Entry is free, just RSVP at ahsf.org.au/dharma-games so we can plan the day.

01 — THE SPORTS

Four sports, mixed-gender except Throwball.

Futsal, Netball and Kho Kho are mixed-gender, each with a minimum number of women on court at all times, a floor, not a cap, teams are welcome to field more women, or an all-women team, and will play against mixed teams. **Throwball is an all-women competition.**

Sport	Squad	Category	Runs
Throwball	10	All women	Morning to early afternoon
Kho Kho	12	Mixed, min. 3 women attacking	Late morning to afternoon
Futsal	8	Mixed, min. 2 women on court	Afternoon
Netball	10	Mixed, min. 3 women on court	Afternoon

All four sports run at their own scheduled times across the day. Team captains receive the full match schedule ahead of the event.

02 — THE FORMAT

Pool games, then finals.

Each sport plays a pool round, then the top teams progress to semi-finals and a grand final. Every team is guaranteed multiple games. The winning team in each sport takes home a trophy, and every athlete receives a certificate.

03 — ON THE DAY

A full festival day out.

Dharma Games is far more than a tournament. Whether you're playing, cheering or just soaking it up, there's something for every age from 9:00 AM to 7:00 PM.

Food & drinks

Chai Nook Parramatta will be serving chai and vegetarian Indian street food, alongside Karma Kitchen. Come with hungry tummies, there's plenty on offer, plus cold drinks all day.

Community games

Carrom, gilli danda, ring toss, tyre and stick, cornhole and more, set up for kids and all ages to jump in and play throughout the day.

- **Free entry for all spectators.** No ticket needed, bring the whole family.
- **Awards.** Trophies for the winning teams and a certificate for every athlete.
- **Hydration.** Complimentary water and electrolyte drinks for all players.
- **First aid.** Qualified first aiders and a defibrillator on site all day.

Coming to watch? Entry is free and no ticket is needed, but a quick RSVP at ahsf.org.au/dharma-games helps us plan the day and lets us keep you posted.

04 — WHO'S BEHIND IT

A community effort.

Dharma Games 2026 is presented by the Hindu Council of Australia, the Australian Hindu Sporting Federation and Friends of India Australia, with Kho Kho Australia and Throwball Australia as official sporting partners. It is a grassroots event, built by volunteers.

See you on the day

Sunday 6 September 2026, from 9:00 AM at the Sydney Academy of Sport and Recreation, Narrabeen.
RSVP and stay updated at ahsf.org.au/dharma-games

connect@ahsf.org.au